



THURLBY TIGERS FC - CORONAVIRUS / COVID 19 RISK ASSESSMENT



RISK ASSESSMENT

WHAT ARE THE HAZARD (Risk consequences)	WHO MIGHT BE HARMED	Rating Before	CONTROL MEASURES	ADDITIONAL CONTROLS	Rating After	Action by	
						Who	Date
Spread of COVID-19	<ul style="list-style-type: none"> - Players - Coaches - Spectators - Members 	High	PROMPTING GOOD HYGIENE: <ul style="list-style-type: none"> - Do not attend if you feel unwell or if anyone within your household is showing symptoms or isolating due to CV-19 - Do not attend if in the last 14 days you have been unwell with flu-like symptoms or have been in contact (or suspect you have) with a known suspected case of CV-19 - If anyone in your household is shielding or highly vulnerable do not attend training - All players to bring own hand sanitizer clearly labelled with name and kept in own designated area. - Regular intervals in coaching for use of hand sanitizer - Club to provide additional hand sanitizer around entry and exits to venue - Provide hygiene standard promotional posters and signage - Disposable paper towels at hand wash stations/facilities - All players to bring own drink clearly labelled with name and kept in own designated area. - Spitting, Chewing Gum, Squirting of drinks are all prohibited. Instances will be treated as a break of rules and individuals may be removed from the session/club - Club guidance to members regarding washing, showering, cleaning of clothing and equipment (boots, shin guards) - Coaches are required to carry appropriate PPE equipment to perform emergency aid where risk of life or limb loss is evident. - Club promotes the “catch it, bin it, kill it” approach to hygiene measure - Coaches are recommended to carry appropriate PPE equipment to perform emergency aid where risk of 	<p>Provide guidance to all coaches and members on new protocols and the importance of good hygiene</p> <p>Every coach to attend E-Meet call with club welfare officers and core committee before restart</p> <p>Every coach to hold E-Meet call with parents/players before first session of restart and to re-enforce guidance throughout the required period</p> <p>Latest guidance and all guidance throughout shared with club community</p>	Low	Core Committee Coaches Welfare Officers Parents/Carers Players LPCA Rep	



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			<p>life or limb loss is evident.</p> <ul style="list-style-type: none"> - The use of face coverings in indoor settings is recommended in line with government guidance by the club e.g. Toilets <p>KEEP FACILITIES AND EQUIPMENT CLEAN:</p> <ul style="list-style-type: none"> - Shared club equipment is disinfected, cleaned at appropriate times and between sessions/matches - Identify high contact touch points for regular cleaning e.g. Toilets, Door handles - LPCA (and other facility venues) to ensure regular cleaning and waste disposal in line with LPCA risk assessment plan - Follow Public Health England guidance if a COVID-19 case is reported to the club - Coaches to clean and disinfect all equipment before and after each session and during appropriate breaks in matches - Guidance provided to players, parents/carers and coaches regarding cleaning of clothing and equipment e.g. Boots, Shinguards after each session - Sharing of equipment within a session to be minimised - Hand, Face or Head to equipment contact to be minimised the focus should be on kicking the ball. Goalkeepers should be given their own ball and limit group shooting practices with a goalkeeper involved. - Any food products or snacks to be avoided handing out at sessions e.g. Birthday sweets <p>MAINTAINING SOCIAL DISTANCING AND AVOIDING CONGESTION:</p> <ul style="list-style-type: none"> - Provide signage so people can find their designated entry / exit point and area - Apply two metre markings appropriate areas - Single use / limited use toilet facilities - Sessions set up with designated player area for individual items (drinks, clothing, hand sanitizer). For matches social distancing to be maintained in line with FA guidance during warm up, cool down, breaks, team talks and anyone involved but not on the pitch 	<p>A responsible person to check / clean toilet facilities between sessions</p> <p>Weekly check of club provided hand sanitizer</p> <p>Ongoing liaison with LPCA (and other facility venues) and engagement regarding cleaning and waste disposal</p> <p>Obtain facility hired venues Risk Assessments to ensure holistic view of measures and requirements</p> <p>Latest guidance and all guidance throughout shared with club community</p>			
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CHARTER STANDARD
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			<p>e.g. Substitutes, coaches, parents</p> <ul style="list-style-type: none"> - Sessions set up to adhere to 2m distancing as much as possible while allowing contact - Designated spectator area and spectators reminded and encouraged to adhere to distancing and gatherings government guidelines - Thurlby Tigers recommends, only 1 x parent or carer should accompany the child and remain at the session. Every child must have a responsible adult with them at every session. - Where possible parents/carers should not bring siblings or others to the session. - Parents / Carers will be expected to manage any situations where the child needs closer interaction e.g. Bib wearing, Shoelace tying, injury attention (unless life/limb threatening). - Posters to promote good social distancing guidelines - Spectators, parents and carers do not enter field of play unless invited by a coach (for injury treatment) - Non participants should not return the ball during sessions or matches - Coaching sessions / matches to be staggered to avoid congestion at entry and exit points (car park) - Restriction on the number of groups at a session at any one time in line with FA guidance - Parents/Players/Carers encouraged to walk or cycle (not drive) where possible - At the end of the session players dismissed quickly and effectively to parent/carers - Parents/Carers and players encouraged not to linger around the venue and leave the session promptly - All extended communication with players/parents/carers and coaches to be conducted electronically - Tier based travel restrictions are strictly adhered to for all age groups, in tier 3 for example travel is not allowed across tier boundaries for Adults to participate in match play or training (exemptions apply for U18s) - Travel within Tier 3 will be kept to short distances in line with FA and Government guidance 	<p>Fixtures and sessions staggered to allow dispersment of crowds.</p> <p>Dedicated "warm up" areas for arriving teams identified.</p>			
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			<p>TRANSMISSION CONTROL (BUBBLES):</p> <ul style="list-style-type: none"> - We recommend that a coach remains with the same group of players for all sessions and the same players remain grouped together. - Where children are of the same age group and same household or have returned to school and are within a bubble with team-mates we recommend trying to replicate that bubble within the coaching environment where at all possible. <p>TRANSMISSION CONTROL (EMERGENCY AID – SUDDEN CARDIAC ARREST):</p> <ul style="list-style-type: none"> - ADULT OVER 18 - During this Covid-19 pandemic rescue breathing is considered outside the scope of first aid practice. In adults, it is recommended that you do not perform rescue breaths or mouth-to-mouth ventilation; perform chest compressions only - Refer to FA covid-19 1st aid guidance for further detail - UNDER 18S - It is very likely in the football setting that the child player is well known to you, and to not perform ventilatory support might not be an option you wish to take, despite the risk to the responder. If the decision is made to perform rescue breathing (due to compression only CPR likely to be less effective if a respiratory problem is the cause) please use a face shield or pocket mask with a one way filter valve. - If the responder is wearing a mask this will be required to be removed to provide rescue breaths. - Refer to FA covid-19 1st aid guidance for further detail <p>ATTENDANCE CONTROL / TRACING:</p> <ul style="list-style-type: none"> - Any attendee to sign written consent to return to contact environment (U16s to be provided by parent/carer) - Parents/Carers to confirm if they plan for their child to return to training, additionally asking them that if not, when they change their stance to provide you with advance notification (1 week). 			
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- All coaches to retain attendance list of TTFC members (Player, Coach and Player Adult rep e.g. Parent/Carer) and submit it to club secretary after each session – secretary@thurlbytigersfc.co.uk
- Club to retain the details of all Thurlby Tigers FC participants and match officials at training sessions and matches for 21 days to support NHS track and trace protocols
- At matches Thurlby Tigers FC coaches to check with the opposition coach that they are maintaining an attendance register to support NHS trace and trace protocols
- NHS QR Code system in place at all home venues for all sessions

PERSONAL PROTECTIVE EQUIPMENT – MEDICAL GLOVES FACE COVERING / FACE MASK:

- Coaches to consider what, if any, PPE you wish to wear (gloves, Facemask) in general play. For injury attention PPE must follow FA guidance.
- Thurlby Tigers recommends in line with Government guidance the use of face coverings in all indoors settings e.g. Toilets, and Changing Rooms

MODIFICATIONS IN MATCHES & TRAINING:

- Tier based guidance from the FA to be followed at all times. In Tier 3 for example training sessions should have minimal contact
- Pre match handshakes should not happen
- Team talks/huddles should not take place unless socially distanced and held outdoors, where possible
- Warm ups/cool downs should always observe social distancing
- At matches ensure you, other team staff and substitutes observe social distancing on touchlines/dug-outs/benches
- Social distancing to be observed when substitutions are made



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| | | | <ul style="list-style-type: none">- Set plays – free kicks: coaches (and referees) should encourage players to get on with the game and not prolong set play set-up, such as defensive walls- Set plays – corners: should be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time- Goal celebrations should be avoided- Interactions with referees and match assistants should observe social distancing- Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity.- Ensure social distancing during breaks in play e.g. half-time- Ensure water bottles are not shared- Balls to be disinfected during breaks in play when throw ins or handling has occurred- Avoid shouting when in close proximity to others- If a player is injured, a member of their household should assist unless a life- or limb- threatening injury necessitates compromising guidelines to provide emergency care | | | | |
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Note: Should this risk assessment not suit the situation, either refer to originator or write additional control measures to satisfy requirement

Risk Assessment:	Coronavirus / COVID 19	
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Chair:	Matt Webster	Signed:	M Webster	Date prepared:	01/12/2020	Review date:	16/12/2020
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Version Control	Date	By Who	Amends
0.1	12/06/2020	Phil Davies	Initial draft for committee review
1.0	13/06/2020	Phil Davies	Baselined document following committee approval
1.1	17/07/2020	Phil Davies	Added Phase 2 guidance information
2.0	21/07/2020	Phil Davies	Baselined document following committee approval
3.0	17/08/2020	Phil Davies	Changes to T & T data collation
4.0	23/09/2020	Phil Davies	Changes to T & T data collation including NHS QR Code
5.0	23/10/2020	Phil Davies	Updated with latest FA guidance
6.0	01/12/2020	Phil Davies	Updated with latest FA guidance

Next Review Date; 16th December 2020